## **2008 FAIRFAX COUNTY YOUTH SURVEY**

## Healthy Behaviors Survey of 8th, 10th, and 12th Grade Students

Thank you for agreeing to participate in this study. These questions ask your opinion about a number of things concerning you, your friends, your family, your neighborhood, and your community.

All of your answers will be kept strictly confidential. This means your answers are secret. This survey is completely voluntary. You can skip any questions that you do not want to answer.

Be sure to read the instructions below before you begin.

Thank you very much.

## **INSTRUCTIONS**

- 1. This is not a test, so there are no right or wrong answers.
- 2. All of the questions should be answered by marking one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank.
- 3. Your answers will be read automatically by a scanner and computer. Please follow these instructions carefully.
- 4. For questions that have the following answers: NO!! no yes YES!!

Mark the big **YES!!** if you think the statement is DEFINITELY TRUE for you.

Mark the little **yes** if you think the statement is MOSTLY TRUE for you.

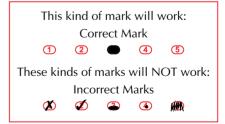
Mark the little **no** if you think the statement is MOSTLY NOT TRUE for you.

Mark the big **NO!!** if you think the statement is DEFINITELY NOT TRUE for you.

Example: Chocolate is the best ice cream flavor.

○ NO!! ○ no ○ yes ● YES!!

- a. Use a No. 2 pencil or a blue or black pen only.
- b. Do not use pens with ink that soaks through the paper.
- c. Make solid marks that fill the response completely.
- d. Make no stray marks on this form.



| These questions ask for some general information about the people completing the survey. Please mark the response that best describes you. | <ul> <li>9. There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.</li> <li>○ NO!! ○ no ○ yes ○ YES!!</li> </ul> |
|--|---|
|  | 10. I feel safe at my school.   |
| 1. How old are you?  | NO!! Ono Oyes OYES!!  |
| O 10 O 15  | 1   |
| O 11 O 16  | 11. Now thinking back over the past year in school, how often did you enjoy being   |
| <ul><li>○ 12</li><li>○ 17</li><li>○ 13</li><li>○ 18</li></ul>  | in school?  |
| ○ 14 ○ 19 or older   | ○ Never   |
| 2. What grade are you in?  | ○ Seldom  |
| ○ 8th ○ 10th ○ 12th  | <ul><li>Sometimes</li><li>Often</li></ul>   |
|  | ○ Almost always   |
| 3. Are you: O Female O Male  | The next section asks about how you spend   |
| . What do you consider yourself to be?<br>Select ONE only.   | your time after school.   |
| ○ Hispanic ○ Not Hispanic  | On an average school day, how many hours do you:  |
| 5. What do you consider yourself to be? Select ONE OR MORE.  | 12watch TV?   |
| ○ American Indian or Alaskan native  | Not at all 3 hours per day 4 hours per day  |
| ○ Asian  | 1 hour per day  5 or more hours   |
| O Black or African-American  | 2 hours per day per day   |
| <ul><li>Native Hawaiian or other Pacific Islander</li><li>White</li></ul>  | 13play video or computer games or use   |
|  | a computer for something that is not school   |
| <ol><li>Think of where you live most of the time.</li><li>Which of the following people live there</li></ol>                               | work? (Include activities such as Nintendo,   |
| with you?  | Game Boy, PlayStation, Xbox, computer   |
| Choose ALL that apply.   | games, and the Internet.)   |
| ○ Mother ○ Sister(s)   | <ul><li>Not at all</li><li>Less than 1 hour per day</li><li>4 hours per day</li></ul>   |
| Father Brother(s)  | 1 hour per day 5 or more hours  |
| Stepmother Stepsister(s)   | 2 hours per day per day   |
| <ul><li>Stepfather</li><li>Grandmother(s)</li><li>Other children</li></ul>   | The next questions ask about your feelings  |
| Grandfather(s)   | and experiences in other parts of your life.  |
| <ul><li>Foster parent</li><li>Other adults</li></ul>   | 14. I ignore rules that get in my way.  |
| 7. What language do you use most often   | ○ Very false  |
| at home?   | <ul><li>Somewhat false</li><li>Somewhat true</li></ul>  |
| <ul><li>English</li></ul>  | ○ Very true   |
| Spanish  | 15. I do the opposite of what people tell me to   |
| <ul><li>Another Language</li></ul>   | just to get them mad.   |
| The next section asks about your experiences   | Very false  |
| at school.   | <ul><li>Somewhat false</li><li>Somewhat true</li></ul>  |
| O Dutting them all together what was   | ○ Very true   |
| 8. Putting them all together, what were your grades like last year?  |   |
| grades like last years   | 16. I like to see how much I can get away with.  ○ Very false   |
| O Mostly Es O Mostly Ds  | very raise  |
| <ul><li>Mostly Fs</li><li>Mostly Bs</li><li>Mostly Ds</li><li>Mostly As</li></ul>  |   |
| <ul><li>Mostly Fs</li><li>Mostly Bs</li><li>Mostly Ds</li><li>Mostly As</li><li>Mostly Cs</li></ul>  | <ul><li>Somewhat false</li><li>Somewhat true</li><li>Very true</li></ul>  |

| How many times have you: |   | The next section asks about things you might   |  |  |  |
|--------------------------|---|--|--|--|--|
| 17.                      | done what felt good no matter what?   | have done, or that might have happened to you.<br>Remember, your answers are confidential. |  |  |  |
|                          | <ul> <li>Never</li> <li>I've done it, but not in the past year</li> <li>Less than once a month</li> <li>About once a month</li> <li>Two or three times a month</li> <li>Once a week or more</li> </ul>        | How  | many times in the p  | oast year have you:<br>other than a handgun  |  |
| 18.                      | done something dangerous because someone dared you to do it.  Never  I've done it, but not in the past year  Less than once a month  About once a month  Two or three times a month  Once a week or more      | 24.  | <ul> <li>Never</li> <li>1 to 2 times</li> <li>3 to 5 times</li> <li>6 to 9 times</li> <li>taken a weapon of (such as a knife or cl</li> <li>Never</li> <li>1 to 2 times</li> </ul>   | ub) to school?  ○ 10 to 19 times  ○ 20 to 29 times   |  |
| 19.                      | done crazy things even if they are a little dangerous.  Never I've done it, but not in the past year  | 25.  | <ul><li>3 to 5 times</li><li>6 to 9 times</li><li>bullied, taunted, r someone?</li></ul>   |  |  |
|                          | <ul><li>Less than once a month</li><li>About once a month</li><li>Two or three times a month</li><li>Once a week or more</li></ul>  |  | <ul> <li>Never</li> <li>1 to 2 times</li> <li>3 to 5 times</li> <li>6 to 9 times</li> </ul>  | <ul> <li>10 to 19 times</li> <li>20 to 29 times</li> <li>30 to 39 times</li> <li>40 or more times</li> </ul>   |  |
| The                      | next two questions ask about safety.  | 26.  | said something barace or culture?  | ad about someone's   |  |
|                          | <ul> <li>many times have you:</li> <li>ridden in a car or other vehicle without wearing a seatbelt?</li> <li>Never</li> <li>I've done it, but not in the past year</li> <li>Less than once a month</li> </ul> | 27.  | Never 1 to 2 times 3 to 5 times 6 to 9 timesbeen suspended f   | <ul> <li>10 to 19 times</li> <li>20 to 29 times</li> <li>30 to 39 times</li> <li>40 or more times</li> </ul> From school? <ul> <li>10 to 19 times</li> </ul> |  |
|                          | <ul><li>About once a month</li><li>Two or three times a month</li><li>Once a week or more</li></ul>   |  | <ul><li>1 to 2 times</li><li>3 to 5 times</li><li>6 to 9 times</li></ul>   | <ul><li>20 to 29 times</li><li>30 to 39 times</li><li>40 or more times</li></ul>   |  |
| 21.                      | ridden in a car or other vehicle driven by someone who had been drinking alcohol?  Never I've done it, but not in the past year Less than once a month About once a month                                     |  | carried a handgur O Never O 1 to 2 times O 3 to 5 times O 6 to 9 timessold illegal drugs?  | <ul> <li>10 to 19 times</li> <li>20 to 29 times</li> <li>30 to 39 times</li> <li>40 or more times</li> </ul>   |  |
| 22.                      | <ul> <li>Two or three times a month</li> <li>Once a week or more</li> <li>driven a car or other vehicle when</li> </ul>   |  | <ul> <li>Never</li> <li>1 to 2 times</li> <li>3 to 5 times</li> <li>6 to 9 times</li> </ul>  | <ul> <li>10 to 19 times</li> <li>20 to 29 times</li> <li>30 to 39 times</li> <li>40 or more times</li> </ul>   |  |
|                          | you had been drinking alcohol?  Never  I've done it, but not in the past year  Less than once a month  About once a month  Two or three times a month  Once a week or more                                    | 30.  | stolen or tried to so (such as a car or a monomer of the such as a car or a car of the such as a car or a car of the such as a car or |  |  |

| How many times in th   | e past year have you:  | 40. Have you ever belonged to a gang?   |
|--|--|---|
| 31been arrested?   |  | ○ Yes ○ No  |
| <ul><li>Never</li><li>1 to 2 times</li><li>3 to 5 times</li><li>6 to 9 times</li></ul> | <ul> <li>10 to 19 times</li> <li>20 to 29 times</li> <li>30 to 39 times</li> <li>40 or more times</li> </ul> | 41. If you have ever belonged to a gang, did the gang have a name?  — Yes   |
| 32attacked someo seriously hurting the   |  | <ul><li>○ No</li><li>○ I have never been in a gang</li></ul>  |
| <ul><li>Never</li><li>1 to 2 times</li><li>3 to 5 times</li><li>6 to 9 times</li></ul> | <ul> <li>10 to 19 times</li> <li>20 to 29 times</li> <li>30 to 39 times</li> <li>40 or more times</li> </ul> | 42. How many of your four best friends have been members of a gang?  None 1 2 3 4   |
| 33been drunk or l  Never  1 to 2 times  3 to 5 times  6 to 9 times                     | high at school?  10 to 19 times 20 to 29 times 30 to 39 times 40 or more times                               | <ul> <li>43. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?</li> <li>Yes No</li> <li>Have you ever been physically forced to</li> </ul> |
| 34taken a handgu   |  | have sexual intercourse when you did not want to?   |
| <ul><li>Never</li><li>1 to 2 times</li></ul>   | <ul><li>10 to 19 times</li><li>20 to 29 times</li></ul>  | ○ Yes ○ No  |
| 3 to 5 times 6 to 9 times  | <ul><li>30 to 39 times</li><li>40 or more times</li></ul>  | The next section asks about your feelings during the past 12 months.  |
| How many times in the  | e past year has anyone   | Remember, your answers are confidential.  |
| done any of the follow   | rith the idea of seriously   | During the past 12 months, did you ever:  |
| hurting you?  Never  1 to 2 times  3 to 5 times  6 to 9 times                          | <ul> <li>10 to 19 times</li> <li>20 to 29 times</li> <li>30 to 39 times</li> <li>40 or more times</li> </ul> | 45feel so sad or hopeless almost every day for weeks or more in a row that you stopped doing some usual activities?  Yes No   |
| 36threatened or in weapon (such as a   | njured you with a<br>a gun, knife, or club)?   | 46seriously consider attempting suicide?  ○ Yes ○ No  |
| <ul><li>Never</li><li>1 to 2 times</li><li>3 to 5 times</li></ul>                      | <ul><li>10 to 19 times</li><li>20 to 29 times</li><li>30 to 39 times</li></ul>                               | 47actually attempt suicide?  ○ Yes ○ No   |
| ○ 6 to 9 times   | 40 or more times d, ridiculed, or teased you?  | The next questions ask what you think about tobacco, alcohol, and other drug use.   |
| <ul><li>Never</li><li>1 to 2 times</li><li>3 to 5 times</li><li>6 to 9 times</li></ul> | <ul> <li>10 to 19 times</li> <li>20 to 29 times</li> <li>30 to 39 times</li> <li>40 or more times</li> </ul> | 48. How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?   |
| <ul><li>Never</li><li>1 to 2 times</li><li>3 to 5 times</li></ul>                      | ad about your race or culture?  10 to 19 times 20 to 29 times 30 to 39 times                                 | <ul> <li>No risk</li> <li>Slight risk</li> <li>Moderate risk</li> <li>Great risk</li> </ul>   |
| ○ 6 to 9 times  39sexually harass  | 40 or more times ed you?   | 49. How wrong do you think it is for someone your age to smoke cigarettes?  |
| ,  | 10 to 19 times   | Very wrong  |

|  | ne next section asks a<br>ith tobacco, alcohol,  | about your experiences   | 5 <i>7</i> .  | used marijuana d  | uring the <u>past 30 days</u> ?  |
|--|--|--|---|---|--|
|  | Have you <u>ever</u> used (chew, snuff, plug, d chewing tobacco)?  | smokeless tobacco  |   | <ul><li>0 occasions</li><li>1-2 occasions</li><li>3-5 occasions</li><li>6-9 occasions</li></ul>                               | <ul><li>10-19 occasions</li><li>20-39 occasions</li><li>40 or more occasions</li></ul> |
|  | <ul><li>Never</li><li>Once</li><li>Twice</li><li>3-5 times</li></ul>   |  | 58.   | angel dust, special l<br>lifetime?  | ,  |
| 51.  |  | e you used smokeless   |   | <ul><li>0 occasions</li><li>1-2 occasions</li><li>3-5 occasions</li><li>6-9 occasions</li></ul>                               | <ul><li>10-19 occasions</li><li>20-39 occasions</li><li>40 or more occasions</li></ul> |
|  | Once or twice Once in a while, but   | ŕ  | 59.   | used LSD or othe angel dust, special I 30 days?   | r hallucinogens (acid,<br>k, shrooms) in the <u>past</u>                               |
| 52.  | <ul><li>About once a day</li><li>More than once a day</li><li>Have you ever smok</li></ul>   | y  |   | <ul><li>0 occasions</li><li>1-2 occasions</li><li>3-5 occasions</li><li>6-9 occasions</li></ul>                               | <ul><li>10-19 occasions</li><li>20-39 occasions</li><li>40 or more occasions</li></ul> |
|  | <ul><li>lifetime?</li><li>Never</li><li>Once or twice</li><li>Once in a while, but</li><li>Regularly in the past</li></ul>                                       | not regularly  | 60.   | Think back over the How many times ha more alcoholic drin   | ave you had five or  |
| 53.  | <ul><li>Regularly now</li><li>53. How often have you smoked cigarettes during the past 30 days?</li></ul>  |  |   | Once Twice how many occasions   |  |
|  | <ul> <li>Not at all</li> <li>Less than one cigarette</li> <li>One to five cigarettes</li> <li>About one-half pack</li> <li>About one pack per company</li> </ul> | per day<br>per day<br>day  | 0 61.   | <ul> <li>Used cocaine or</li> <li>0 occasions</li> <li>1-2 occasions</li> <li>3-5 occasions</li> <li>6-9 occasions</li> </ul> | crack in your <u>lifetime</u> ?  10-19 occasions 20-39 occasions 40 or more occasions  |
| <ul><li>About one and one half packs per day</li><li>Two or more packs per day</li></ul> | 62.  | ○ 0 occasions  | crack in the past 30 days?  10-19 occasions   |   |  |
|  | <b>how many occasions</b><br>had beer, wine, or<br><u>lifetime</u> (more than j  | hard liquor in your  |   | <ul><li>1-2 occasions</li><li>3-5 occasions</li><li>6-9 occasions</li></ul>   | <ul><li>20-39 occasions</li><li>40 or more occasions</li></ul>                         |
|  | <ul><li>0 occasions</li><li>1-2 occasions</li><li>3-5 occasions</li><li>6-9 occasions</li></ul>  | <ul><li>10-19 occasions</li><li>20-39 occasions</li><li>40 or more occasions</li></ul> | 63.   | of an aerosol spray   | thed (huffed) the contents<br>can, or inhaled other<br>rder to get high in your        |
| 55.  | had beer, wine, or the past 30 days?   |  | <ul><li>○ 1-2 occasions</li><li>○ 20-39 o</li><li>○ 3-5 occasions</li><li>○ 40 or m</li></ul> | <ul><li>10-19 occasions</li><li>20-39 occasions</li><li>40 or more occasions</li></ul>  |  |
|  | <ul><li>0 occasions</li><li>1-2 occasions</li><li>3-5 occasions</li><li>6-9 occasions</li></ul>  | <ul><li>10-19 occasions</li><li>20-39 occasions</li><li>40 or more occasions</li></ul> | 64.   |   | sol spray can, or<br>or sprays in order to   |
| 56.  | used marijuana in  0 occasions  1-2 occasions  3-5 occasions  6-9 occasions  | your <u>lifetime</u> ?  10-19 occasions 20-39 occasions 40 or more occasions           |   | get high in the <u>past</u> O occasions  1-2 occasions  3-5 occasions  6-9 occasions  | 30 days?  10-19 occasions 20-39 occasions 40 or more occasions                         |

| PLEASE DO NOT WRITE IN THIS AREA  OOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOO |   |  |        |   |                               |  |
|--|---|--|--------|---|-------------------------------|--|
|  |   | DI FACE DO MOT WORTE IN THE  | IC ADT | ○ 10 or younger ○ 10 or younger ○ 11 ○ 11   |                               | <ul><li>16</li><li>17 or older</li></ul>   |
|  | 6-9 occasions   | - 10 of more occusions   | 81.    | belonged to a gar   | 12                            | O 15   |
|  | ○ 1-2 occasions   | <ul><li>10-19 occasions</li><li>20-39 occasions</li><li>40 or more occasions</li></ul> |        | ○ 10 or younger ○ 11 ○ 11   | 14                            | <ul><li>16</li><li>17 or older</li></ul>   |
| 72.  | taken painkillers (s<br>Vicodin, Percoset, Co<br>without a doctor's ord |  | 80.    | had more than a or hard liquor (vodle Never have  | ka, wł                        |  |
|  |   | <ul><li>20-39 occasions</li><li>40 or more occasions</li></ul>                         |        | <ul><li>Never have</li><li>10 or younger</li><li>11</li></ul>   | 13                            | <ul><li>15</li><li>16</li><li>17 or older</li></ul>                                      |
|  | without a doctor's or   ○ 0 occasions                                   | der in your <u>lifetime</u> ?  — 10-19 occasions                                       |        | <b>v old were you whe</b> i<br>smoked marijuan  | •                             | TIPST:   |
| <i>7</i> 1.  | taken painkillers (s<br>Vicodin, Percoset, Co                           | odeine, and opium)   | Цал    | <ul><li>3-5 occasions</li><li>6-9 occasions</li></ul>   |                               | _  |
|  | <ul><li>3-5 occasions</li><li>6-9 occasions</li></ul>                   | 40 or more occasions   |        | <ul><li>0 occasions</li><li>1-2 occasions</li></ul>   | <b>O</b> 2                    | 0-19 occasions<br>0-39 occasions<br>0 or more occasions                                  |
| 70.  |   | past 30 days?  ○ 10-19 occasions  ○ 20-39 occasions                                    | 78.    | taken over-the-co<br>in the past 30 days?   |                               | drugs to get high  |
|  | ○ 1-2 occasions   | <ul><li>10-19 occasions</li><li>20-39 occasions</li><li>40 or more occasions</li></ul> |        | 0 occasions 1-2 occasions 3-5 occasions 6-9 occasions   | O 2                           | 0-19 occasions<br>0-39 occasions<br>0 or more occasions                                  |
| 69.  | used heroin in you  |  | 77.    | taken over-the-co<br>in your <u>lifetime</u> ?  | unter                         | drugs to get high  |
|  |   | <ul><li>20-39 occasions</li><li>40 or more occasions</li></ul>                         |        | <ul><li>1-2 occasions</li><li>3-5 occasions</li><li>6-9 occasions</li></ul>   |                               | 0-39 occasions<br>0 or more occasions  |
|  | the past 30 days?  O occasions  | ○ 10-19 occasions  | 76.    | used Ecstasy in th  | <u> </u>                      | 0-19 occasions   |
| 68.  | ○ 6-9 occasions   | out a doctor's order in  |        | <ul><li>3-5 occasions</li><li>6-9 occasions</li></ul>   |                               | 0 or more occasions  |
|  | ○ 1-2 occasions   | <ul><li>10-19 occasions</li><li>20-39 occasions</li><li>40 or more occasions</li></ul> | , 3.   | <ul><li>0 occasions</li><li>1-2 occasions</li></ul>   | O 1                           | 0-19 occasions<br>0-39 occasions   |
| 67.  | your <u>lifetime</u> ?  | out a doctor's order in  | 75     | <ul><li>3-5 occasions</li><li>6-9 occasions</li><li>used Ecstasy in yo</li></ul>  |                               | 0 or more occasions  |
|  | <ul><li>0 occasions</li><li>1-2 occasions</li></ul>                     | <ul><li>10-19 occasions</li><li>20-39 occasions</li><li>40 or more occasions</li></ul> | 7 1.   | painkillers (such as without a doctor's control of the control of | Ritali<br>order               | n, Adderal, or Xanax<br>in the <u>past 30 days</u> ?<br>0-19 occasions<br>0-39 occasions |
| 66.  | used methampheta crank, or ice) in the p                                |  | 74     | <ul><li>○ 6-9 occasions</li><li>…taken a prescripti</li></ul>   | on dr                         | μg other than  |
|  | ○ 1-2 occasions   | <ul><li>20-19 occasions</li><li>20-39 occasions</li><li>40 or more occasions</li></ul> |        | <ul><li>0 occasions</li><li>1-2 occasions</li><li>3-5 occasions</li></ul>   | <ul><li>1</li><li>2</li></ul> | 0-19 occasions 0-39 occasions 0 or more occasions  |
| 65.  | used methampheta crank, or ice) in your 0 occasions                     |  | 73.    | taken a prescripti<br>painkillers (such as<br>without a doctor's o  | Ritali                        | n, Adderal, or Xanax   |

| 82. Have you ever had sexual intercourse?  | The next questions ask about body weight.   |
|--|---|
| ○ Yes ○ No   | 89. How do you describe your weight?  |
| If you have <u>NEVER</u> had sexual intercourse, please <u>SKIP</u> to <u>Question #89</u> . —   | <ul><li>Very underweight</li><li>Slightly underweight</li></ul>   |
| 83. How old were you when you had sexual intercourse for the first time?  • I have never had sexual intercourse  | <ul> <li>Slightly underweight</li> <li>About the right weight</li> <li>Slightly overweight</li> <li>Very overweight</li> </ul>  |
| <ul><li>11 years old or younger</li><li>12 years old</li><li>13 years old</li></ul>  | 90. Which of the following are you trying to do about your weight?  |
| <ul><li>14 years old</li><li>15 years old</li><li>16 years old</li><li>17 years old or older</li></ul>   | <ul><li>Lose weight</li><li>Gain weight</li><li>Stay the same weight</li><li>I am not trying to do anything about my weight</li></ul>   |
| 84. During your life, with how many people have you had sexual intercourse?  | <b>During the <u>past 30 days</u>, did you:</b> 91exercise to lose weight or to keep from gaining weight?   |
| <ul><li>I have never had sexual intercourse</li><li>1 person</li><li>2 people</li></ul>  | ○ Yes ○ No  |
| <ul><li>3 people</li><li>4 people</li><li>5 people</li></ul>   | 92eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?   |
| ○ 6 or more people   | Yes ONo   |
| 85. During the past 3 months, with how many people did you have sexual intercourse?  • I have never had sexual intercourse   | 93go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?   |
| ○ I have had sexual intercourse  | ○ Yes ○ No  |
| but not during the past 3 months  1 person 2 people 3 people 4 people 5 people 6 or more people  | 94take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? <i>Do not include meal replacement products (such as Slim Fast)</i> .   |
| 86. Did you drink alcohol or use drugs before you had sexual intercourse the last time?  | 95vomit or take laxatives to lose weight or to keep from gaining weight?  |
| <ul><li>I have never had sexual intercourse</li></ul>  | ○ Yes ○ No  |
| <ul> <li>Yes  No</li> <li>87. The last time you had sexual intercourse, did you or your partner use a condom?</li> <li>I have never had sexual intercourse</li> <li>Yes  No</li> </ul>   | The next questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.       |
| 88. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?  Select only ONE response.   | During the past 7 days:   |
|  | 96how many times did you eat fruit?  Do not count fruit juice.  |
| <ul> <li>I have never had sexual intercourse</li> <li>No method was used to prevent pregnancy</li> <li>Birth control pills</li> <li>Condoms</li> <li>Depo-Provera (injectable birth control)</li> <li>Withdrawal</li> <li>Some other method</li> <li>Not sure</li> </ul> | <ul> <li>I did not eat fruit during the past 7 days</li> <li>1 to 3 times during the past 7 days</li> <li>4 to 6 times during the past 7 days</li> <li>1 time per day</li> <li>2 times per day</li> <li>3 times per day</li> <li>4 or more times per day</li> </ul> |
|  |   |

| During the past 7 days:   | and community where you live.  |
|---|--|
| 97how many times did you eat vegetables?  I did not eat vegetables during the past 7 days  1 to 3 times during the past 7 days  4 to 6 times during the past 7 days  1 time per day  2 times per day  3 times per day  4 or more times per day  | Would a kid in your neighborhood, or the area around where you live, be caught by the police if he or she:  102smoked marijuana?  NO!! on oyes YES!!  103drank some beer, wine, or hard liquor   |
| <ul> <li>98how many times did you drink a can, bottle, or glass of soda or pop, (such as Coke, Pepsi, or Sprite)? Do not include diet soda or diet pop.</li> <li>I did not drink soda or pop during the past 7 days</li> <li>1 to 3 times during the past 7 days</li> <li>4 to 6 times during the past 7 days</li> <li>1 time per day</li> <li>2 times per day</li> <li>3 times per day</li> <li>4 or more times per day</li> <li>99how many glasses of milk did you drink? Include the milk you drank in a glass or</li> </ul> | (for example, vodka, whiskey, or gin)?  NO!! no yes YES!!  104carried a handgun?  NO!! no yes YES!!  How wrong would most adults in your neighborhood, or the area around where you live, think it is for kids your age to:  105use marijuana?  Very wrong  Nong  A little bit wrong |
| cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.  I did not drink milk during the past 7 days  1 to 3 times during the past 7 days  4 to 6 times during the past 7 days  1 time per day  2 times per day  3 times per day  4 or more times per day  The next section asks about physical activity.   | Not wrong at all  106drink alcohol?  Very wrong  Wrong  A little bit wrong  Not wrong at all  107smoke cigarettes?  Very wrong  Wrong  A little bit wrong  Not wrong at all  |
| <ul> <li>O0. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.</li> <li>O days</li></ul>   | 108. How often do you attend religious services or activities?   |
| <ul><li>0 teams</li><li>1 team</li><li>2 teams</li><li>3 or more teams</li></ul>  | This is the end of the survey. Thank you for participating.  |